



## INFORMATION FOR POTENTIAL VOLUNTEER REAL S.C. ACADEMY (U4-U9) COACHES

### 4 Locations: Boise, Caldwell, Meridian and Middleton, Idaho

Hi potential academy volunteer coach!

We truly hope this email finds you and your family doing well!

My name is Juanjo Carmona and I am the founder and director of coaching for the Real SC. We are so glad you are interested in exploring volunteering as a coach in our academy (U4-U9 ages), one of the best soccer environments in our State to develop sound, creative players, good kids, and have lots of fun in the process!!

Note: If you are looking for a paid coaching position please contact me (contact info at the bottom).

We are proud of our history and the way we do things. We are the oldest competitive soccer club in this area! Our club continues to attract families from all over the Valley. At the time of writing, (winter 2021), we estimate will have about 230 academy players distributed in 4 locations, (and about 100 competitive players) this Spring. We still strive to keep a family atmosphere but with high dreams, continentally and internationally.

Because of my own experience (I founded this club in 2002 when coaching one of my sons who was 5 years old back then), I know first hand it will be a super fun thing for you to be involved with your kid and their team, specially with the great support we give our volunteer coaches!

For example, every weekend (before a given practice week), we will send you a simple, fun, training plan, which have clear explanations and drawings for each activity. We also include a section called "Volunteer Coaches Education" that will help you if you have no experience coaching. And a very clear, simple progression.

In short, to prepare for your practices in a given week, you will be reading about the mechanics and purpose of several games designed for kids, your kids' age. These are based on the USSF curriculum which is age specific (more details at the volunteer coaches orientation meeting). Just use 15-20 minutes every week to be ready for your upcoming weekly practices. Then be 10 minutes before your practices to set your equipment (given to you) and greet your players as they arrive.

As an example of an activity within some weekly training plan, please check this one about shooting!  
[Would you be able to implement it?](#)

We can't run our academy program without the support of volunteer parents. Previous experience is not needed, just the love to make this a great experience for the kids!

### ACADEMY PHILOSOPHY

The Real Soccer Club believes in giving the most meaningful training environment to their players using age appropriate methodologies. Player is at the center. The training philosophy in our youth

academy is to emphasize technique, vision & awareness, individual & small sided tactical insight (principles of play), creativity, improvisation, coordination, socialization, and sportsmanship. U4-U9 Academy team coaches (pro coaches and volunteer coaches) are guided by a professional Director of Coaching. Sound players who love the game, stay healthy, and perform their best are better prepared to potentially move to a more competitive environment starting at U9/U10. To develop elegant , technical players at a young age is key to our success as a club.

Exposing young players to top notch fun training environments accelerates improvement of technical skills and the comprehension of dynamic soccer and the love for our sport.

Please do not hesitate to contact me with any questions and hope to see you at one of the volunteer coaches orientation meetings before any season!

Vamos! 1,2 y 3, Real!

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